

Mental Health and Life Quality of The Teenagers: A Evaluating Study

Abstract

The present work did have as objective to verify and to compare the level life quality and mental health among 520 teenagers of both the sexes, with 12 and 17 years old of the communal and particular schools of a São Paulo state city, that was insert in health study area. It has been utilized as instrument the General Health Questionnaire of Goldberg (QSG) and the Drawing of the Human Figure (DFH), analyzed for few of Machover (1949) and Hammer (1991) criterions and statistically express. The results showed a better performance of the students of communal school with respecting general health, as well as the mental health of feminine population when equated with the man. Despite pointed differences between communal and particular schools the more important conclusion of this research is the fact that institution school act like a positive variable on the control and maintenance of your students mental health.

Key words: adolescence, quality of life, mental health