

The Psychological Care for Adults and Elderly with Psychosomatic Frames in the Emergency Room of a Hospital

Abstract

The present study refers to the psychological performance in emergency room of a private hospital in Brasilia. The objective was to study the psychosomatic aspects of adults and elderly patients who arrived at the hospital during the first half of 2011. The method used was the clinical and qualitative, which was based on the information collected during the rounds of stimulation and on psychological care to patients. The analysis of speech was made and it confirmed that psychosomatic factors influence the installation and maintenance of the disease. The externalization of somatized content collaborated to relieve suffering and improve quality of life of these patients, and emphasized the importance of the presence of the psychologist in the multidisciplinary team.

Keywords: Psychosomatics; Emergency Department; Health Psychology.