

Psychology and health as field questions

Abstract

The following article is the result of our Master Course research in which we examine the relationship between psychology and health, based on the following questions: Are there differences between these areas? Does the existence of one leads to another? Why do we still speak about the insertion of psychologists in health care? Therefore, we present the changes within the Psychology area, both theoretical and performance, focusing on the health sector, to arrive at a more precise point of our discussion, which refers to the fragmentation within their own field of psychology culminating in various expressions and even specialties such as Psychology of Health and Hospitals. Our position appears against these divisions, questioning what makes psychology in their uniqueness, without adjectives and prepositions. As an argument for our defense, we use the concept/Health interdisciplinary field in which psychology should be an integral part, not having thus the need to talk about in Psychology or Health, since the relationship between them did not exclude nor put them in positions watertight or complementary. In our opinion there would be no one Psychology without one conception grounded the Health and vice versa, thereby transmitting the existence of one to another.

Key-words: Psychology; Health; Public health.