

Youth and movemets in/of the city: experiencing the health promotion

Abstract

In this article we propose to share the concerns and knowledge generated from a research experience and intervention in psychology on a group of discussions with teenagers in a Basic Health Unit (UBS) located on the outskirts of a city in Minas Gerais, Brazil. Starting with our base as Historical-Cultural Psychology, our purpose was to provide health promotion by building and producing a collective meaning and bring collective attention to the movement of territory occupation by young residents of the UBS scope area. The group, that had as its main trigger the aesthetic appeal of photography, have consolidated itself in an horizontal space which provided the dialog and the reflection, therefore, there were a reflection about inclusion-exclusion process experienced by this youth in the context of the economic situation, its possibilities and impossibilities, the situation of safety and danger, of feelings, experiences and friendships that permeate their daily lives and the public policies focused on this population.

Key-words: Health promotion; Research and intervention; Youth.