

The conceptions of what is the Psychosocial Care for mental health professionals of a CAPS

Abstract

In the field of collective mental health practice in Brazil it is perceived a paradigm change from asylum/psychiatric model to psychosocial one, guided by the Psychiatric Reform. This study investigated the conceptions on the psychosocial care of mental health professionals of a CAPS. We interviewed 24 workers from a CAPS, and their answers were submitted to Bardin's content analysis. This analysis indicated an understanding of the psychosocial care grounded in actions of interdisciplinary and intersectoral nature, executed from the concept of integrality. CAPS model is considered as a treatment to the person in psychological distress, at a tertiary level, in the public health care and toward the popular classes. Further discussions are needed to understand the psychosocial care as a paradigm and practices in mental health.

Key-words: Mental health; Mental health services; Public policy.