

Ethics and Mental Health: Challenges for the Clinic Daily

Abstract

The present work has the objective of exploiting the subjacent variables in the therapist-patient relationship in extreme situations. In the same regard, it proposes the analysis of the inter-related factors in the issue presented, and suggests the identification and implementation of technical resources that favor the professionals in their day-to-day practice. This theoretical effort also contributes to reinforce the exercise of the profession's legacy in a responsible way, stimulating the therapeutic practices that promote mental health.

Key Words: Ethics; Responsibility; Mental Health; Awareness